

What kind of Dog Parent Are You?

A wildly accurate, slightly theatrical personality quiz inspired by Dog Mom at Horizon Theatre (Answer honestly. Your dog has already formed opinions.)

THE FOUR DOG MOM TYPES

RIDE-OR-DIE DOG MOM

You would leave a dinner party mid-sentence if your dog “felt weird.” Your dog is not a pet—they are your soulmate, your child, your emotional support system, and possibly your emergency contact. If loving your dog this hard is wrong, you will not be taking notes.

SOCIAL BUTTERFLY DOG MOM

You don’t own a dog—you run a dog community. Your dog has a social calendar. You have a group chat. You’ve said “Wait, do you know Kevin? Golden? Great energy?” You are one interaction away from hosting a dog park reunion tour.

GLAM & PAMPER DOG MOM

Your dog has a lifestyle brand. You believe in quality, presentation, and the quiet power of a well-chosen accessory. You have absolutely adjusted your outfit to complement your dog’s look—and it was the right call.

BIG-HEARTED RESCUE DOG MOM

You didn’t just adopt a dog—you entered into a healing journey together. You feel everything. You understand your dog’s backstory on a cellular level. You have cried over dogs you’ve never met and will absolutely do it again.

**DOG
MOM**

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THE QUIZ

1. Your dog stares at you from across the room. You:

- A. Cancel your plans. Something is clearly wrong.
- B. Say, “Wanna go somewhere??”
- C. Smile and continue what you were doing (we’re fine, this is fine)
- D. Whisper, “Talk to me. I’m here.”

2. Your ideal day with your dog:

- A. Just us. Quiet. Safe. Perfect.
- B. Dog park, patio, new friends, repeat
- C. A nice walk... and then I go do my own thing
- D. Something meaningful... maybe helping another dog too

3. Your dog’s birthday is:

- A. A sacred holiday
- B. A fun excuse to celebrate
- C. ...I mean, I might get a treat?
- D. A moment to celebrate and give back

4. Someone says, “It’s just a dog.” You:

- A. Emotionally exit the conversation forever
- B. Laugh it off
- C. ...I mean... it is a dog
- D. Begin a passionate, unscheduled monologue

5. Your camera roll is:

- A. Mostly my dog
- B. A solid mix
- C. Occasionally my dog
- D. My dog... but like, emotionally

6. At the dog park, you are:

- A. Watching everything. Everything.
- B. Talking to everyone like it’s opening night
- C. Sitting. Observing. Existing.
- D. Befriending the shy dog like, “I see you.”

7. Your dog’s nicknames:

- A. Deeply personal and slightly intense
- B. Constantly evolving chaos
- C. Their actual name works great
- D. Emotionally loaded in a way that concerns others

8. Buying something for your dog:

- A. Safety and comfort first, always
- B. Something fun we can do together
- C. Whatever’s practical and nearby
- D. What they need emotionally

9. Your biggest weakness as a dog mom:

- A. I worry about everything
- B. I overbook our social life
- C. I think I’m pretty balanced, honestly
- D. I feel things... deeply... constantly...

10. If your dog could talk, they would say:

- A. “You’re my whole world.”
- B. “Where are we going next??”
- C. “We’re good, right?”
- D. “We found each other for a reason.”

11. You’re at a dog-friendly patio in Atlanta and:

- A. You picked the table with the best exit route “just in case”
- B. You now know 6 dogs, 4 owners, and someone’s full dating history
- C. You are quietly enjoying your drink like a normal person
- D. You’re side-eyeing the one dog who seems... emotionally complicated

12. Be honest: your dog has...

- A. A better healthcare plan than you
- B. More friends than you
- C. A normal, appropriate number of things
- D. More emotional intelligence than you

RESULTS

Mostly A’s: Ride-or-Die Dog Mom

You are fiercely loyal, deeply bonded, and possibly a little intense—and we mean that as a compliment. Your dog is your person. Your peace. Your home base. And anyone who doesn’t get that... doesn’t need to.

Mostly B’s: Social Butterfly Dog Mom

You and your dog are a full social ecosystem. You thrive on connection, chaos, and community. Your dog isn’t just your companion—they are your co-star.

Mostly C’s: Glam & Pamper Dog Mom

Your dog lives a curated, elevated life—and frankly, deserves it. You bring joy, style, and a little sparkle to everything you do. Including leash walks.

Mostly D’s: Big-Hearted Rescue Dog Mom

You lead with empathy, instinct, and a heart that’s wide open. You don’t just love your dog—you understand them. And that kind of connection changes everything.

WILDCARD: The “I Mean... I Like Dogs” Human (If you answered mostly C’s or a mix across the board)

You are grounded, reasonable, and not planning your entire life around your dog—and honestly? Respect. You like dogs. Dogs like you. Everyone is behaving appropriately. And yet... something brought you here.